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ABSTRACT

This guide for students interested in studying abroad gives an overview of the factors to be considered and the choices to be made and provides references to sources of further information. The following topics are addressed: (1) planning (academic objectives, location, the third world, language proficiency, special laws, the disabled); (2) educational choices (secondary school programs, the "in-between" year, summer study, interim programs, options, undergraduate and graduate study, admission, medical study and teaching abroad); (3) finances (scholarships, work abroad, internships and trainee programs, and voluntary service projects); (4) travel and living (housing abroad; passports, visas and vaccinations; medical insurance; and arranging transportation); (5) study-abroad programs (Institute of International Education (IIE) and Council on International Education Exchange Programs (CIEE); and (6) bibliography (IIE, CIEE, and National Association of Foreign Student Affairs (NAFSA) publications, and general references). A checklist of planning activities concludes the booklet. (KM)

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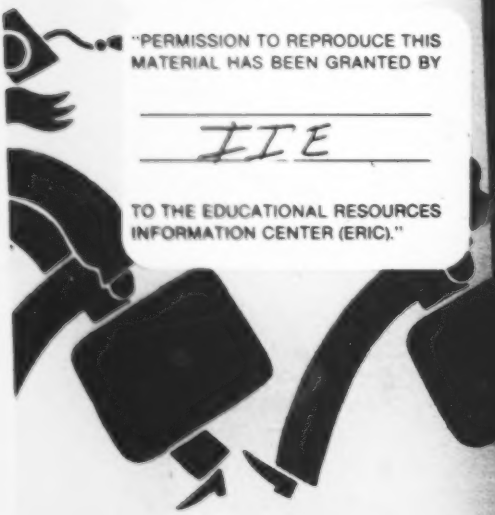

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PLANNING

Study abroad can be a life-changing experience. It can bring fresh perspectives on career choices, politics and economics, and human relationships. However, planning is crucial to the success of overseas study and should begin at least one year prior to departure. How well U.S. students achieve their personal and academic objectives — and their long-range career goals — depends heavily on their choice of the right country, institution, and program.

Students enrolled in U.S. colleges and universities are strongly urged to consult with a study abroad or Fulbright adviser, a faculty member, or a professional counselor knowledgeable about foreign study. This is imperative to ensure that academic credit can be granted for the work done abroad. It also helps to meet and speak with U.S. students who have recently participated in a study-abroad program and with students from other countries to learn what it is like to be a "foreign student".

Any student planning to enroll directly in a foreign institution should seek information on the educational system of the country and on the admissions policies, language requirements, tuition, study facilities, and living arrangements of specific institutions.

Academic Objectives

Students should first assess how study abroad will benefit their educational and career plans. After deciding that foreign study will be useful, students should compare and evaluate several programs before choosing the one that most closely suits their individual needs. One program may emphasize a particular academic discipline while a second may combine academic and language study. Another program may combine independent study or an internship with traditional course work. During these investigations, students may discover an educational possibility never considered before. (A discussion of "Educational Choices" begins on page 8.)

Location

Think about the advantages and disadvantages of a program's location. Large cities offer excellent cultural opportunities but may be expensive and impersonal. A small town in a farming region may offer more contact with local residents and the expe-

rience of a way of life found only in that particular country, but the provincial lifestyle may disorient some students. No foreign study program can be a guaranteed perfect choice. A student should be prepared to experience both positive and negative moments abroad.

The Third World

Study in the Third World can be especially meaningful and exciting. The cultures of these countries pose a sharp contrast to the United States and challenge comfortable assumptions about our own society, values, and larger world role. If living in traditional European settings exposes one to new sights and customs, living in Third World countries exposes one to an even larger variety of experiences.

Although fewer than five percent of U.S. students abroad go to Asian, African, or Latin American countries, nearly three-quarters of the world's population lives in these nations. U.S. trade with Third World countries now approaches 40 percent of all U.S. imports and exports. Greater understanding of Third World nations is valuable preparation for life in an increasingly interdependent world.

Opportunities are available for U.S. students to study in many Third World countries. CIEE has prepared a pamphlet entitled *A Guide to Educational Programs in the Third World* (see Bibliography), which lists over 140 CIEE-member-sponsored study programs located in the Third World. Also see *Academic Year Abroad; Vacation Study Abroad; Work, Study, Travel Abroad: The Whole World Handbook; and Fulbright and Other Grants for Graduate Study Abroad* (see Bibliography) for additional help and information.

Language Proficiency

Language proficiency is a primary consideration in determining where to study. The importance of knowing the language of instruction cannot be stressed enough. It is one thing to be able to hold a simple conversation or to order a meal in a foreign language; it is quite another to be able to follow a complicated lecture and read scholarly books. If you enroll directly in a foreign university, courses will almost always be conducted in that country's language. U.S. students are usually required to take language-proficiency examinations for admission to foreign universities.

U.S. college-sponsored programs may be conducted in cooperation with a foreign institution or may be taught by foreign faculty. Here again, the language of instruction is generally the language of the host country. The minimum requirement for most U.S. college-sponsored programs is two years of college-level or equivalent foreign language study.

During the academic year, many foreign universities offer U.S. students special courses in the language and culture of their countries. Similar programs in foreign language and culture are sponsored by U.S. and foreign organizations. U.S. colleges also sponsor language programs abroad during the summer; some of these are described in CIEE's *Work, Study, Travel Abroad: The Whole World Handbook*. Summer language programs, as well as special language institutes sponsored by foreign schools, are described in IIE's annual *Vacation Study Abroad* (see Bibliography).

Special Laws

Students who want to enroll directly in a foreign university should look into the laws affecting higher education and international students in the country where they plan to study. Several countries have recently passed laws that have changed their systems of higher education. Specifically, some have instituted quotas for the total number of foreign students admitted to their universities, especially for those students enrolling for a degree. These quotas sometimes include total or partial restrictions on the numbers of foreign students admitted to particular fields, such as medicine, dentistry, the sciences, and law. Restricted fields may change from year to year.

The Disabled

The disabled should contact the U.S. branch of Mobility International (MIUSA), an organization active in advocacy for the handicapped traveler. In addition to its quarterly newsletter "Over the Rainbow," MIUSA has published *A World of Options* (available for $13 from MIUSA at address below), which provides much useful information for the disabled who are planning international travel and study, and the *Manual for Integrating Persons with Disabilities into International Educational Exchange Programs* (available for $15 from MIUSA, P.O. Box 3551, Eugene, Oregon 97403).

EDUCATIONAL CHOICES

Planning is the key to rewarding study abroad. Before making final decisions concerning any proposed foreign study, it is essential that students discuss their plans with their academic advisers to determine how foreign study may affect degree and graduation requirements. Study-abroad advisers can then assist in arranging academic credit and guide the students' evaluation of study-abroad programs in relation to their academic needs.

Many U.S. college-sponsored study-abroad programs award academic credit. However, if the program a student selects is not sponsored by the home institution, academic credit may or may not be recognized by it. Many students who "assumed" they could earn U.S. credit for foreign study have been disappointed upon their return to the United States.

Once a proposed study program is approved by the appropriate university department — and certainly before leaving the United States — students must determine the procedure to ensure receipt of credit. Students should secure a written document confirming that credit will be awarded. At some colleges or universities this may be done through the study-abroad office. At other institutions, it will be handled by the admissions office or registrar. If there is no study-abroad adviser, an academic adviser can provide information.

Many U.S. colleges and universities have developed procedures by which students planning to study abroad may preregister for courses to be taken during the first semester after their return. This option should also be discussed with a study-abroad adviser before departure.

Secondary School Programs

Most study-and travel-abroad programs specially designed for secondary school students are scheduled for summer; some cover a semester or academic year. Summer programs generally include sightseeing tours, family homestays, and language study. Semester- or year-long programs usually combine family living with secondary school attendance and travel. These study-abroad programs may be sponsored by secondary schools or by national organizations. Secondary school programs sponsored by members of CIEE are listed in *Work, Study, Travel Abroad: The Whole World Handbook.*

Also see CIEE's newest publication, *The Teenager's Guide to Study, Travel and Adventure Abroad* which describes over 200 opportunities worldwide for 12-18 year olds. Additional programs are listed in IIE's *Vacation Study Abroad*.

In addition to study and travel programs for secondary school students offered through U.S. schools and nonprofit organizations, many others are operated by travel agencies, commercial associations such as the American Institute for Foreign Study (AIFS), or by individual teachers. Secondary school students and their parents may find it helpful to consult *Guidelines for the Appraisal of Travel-Study Tours for Secondary School Students*, available free of charge from Commission on Schools, North Central Association, P.O. Box 18, Boulder, Colorado 80306. Or, write to Youth Exchange, Pueblo, Colorado 81009, for a free directory distributed by the U.S. Information Agency Youth Exchange Office. Students and parents may also wish to consult *The Young American's Scholarship Guide to Travel and Learning Abroad* (see Bibliography).

Secondary school students wishing to enroll directly in a secondary school abroad should check with the consulate of the appropriate country. They should also consult their local library for the book, *Schools Abroad of Interest to Americans* (see Bibliography).

The "In-Between" Year

It is not uncommon for students to take off the year between high school and college to do something "different" before settling down to higher education. Many secondary school and university programs listed in *Work, Study, Travel Abroad: The Whole World Handbook* and *The Teenager's Guide to Study, Travel and Adventure Abroad* are open to students in this "in-between" year.

Summer Study

Summer study abroad offers an excellent opportunity to combine vacation travel with study. U.S. and foreign colleges, universities, and other organizations sponsor a variety of summer programs abroad. In addition, there are many specialized institutes abroad which focus on the art, language, and culture indigenous to the country in which they are located and which offer short-term programs

accessible to U.S. nationals. This type of program is often open to persons of any age and may range in length from three weeks to three months.

Many of these programs are listed in IIE's *Vacation Study Abroad* and CIEE's *Work, Study, Travel Abroad: The Whole World Handbook*. Another sourcebook for educational vacations is *Learning Vacations* (see Bibliography).

Anyone over the age of 60 years should consider the international programs of Elderhostel, offered year-round. Elderhostel combines the best of the traditions of education and hosteling for those of retirement age. For information, write to Elderhostel, 80 Boylston Street, Suite 400, Boston, Massachusetts 02116, for a catalog.

Interim Programs

Many U.S. colleges and universities offer three- or four-week programs abroad for academic credit during interim sessions, usually in January. Check with institutions listed in IIE's study-abroad guides and in CIEE's *Work, Study,Travel Abroad: The Whole World Handbook* for information.

Study-Abroad Options

There are five ways for U.S. students to study abroad on the postsecondary level:

- Enrollment in a program sponsored by a U.S. college or university. (This may be sponsored in cooperation with a foreign university.)
- Enrollment in a special program for international students at a foreign university.
- Direct enrollment in a foreign university as a degree candidate or as an occasional or special student.
- Enrollment in a program sponsored by an organization other than a college or university.
- Enrollment in an international or U.S. college abroad.

Undergraduate Study Abroad

An undergraduate may enroll independently in some foreign universities as a degree candidate.

However, undergraduates generally participate in organized study-abroad programs sponsored by their own institutions or by other U.S. colleges. For descriptive information on undergraduate study abroad programs sponsored by accredited U.S. institutions worldwide, see IIE's *Academic Year Abroad* and CIEE's *Work, Study, Travel Abroad: The Whole World Handbook*.

U.S. college-sponsored programs usually provide or help to secure living accommodations, round-trip transportation, and other essentials. Some programs arrange for students to attend courses at foreign universities: many courses of this type are especially adapted to meet the needs of U.S. students.

Students may also study abroad under one of the following arrangements:

- Independent study under the guidance of the home institution.

- Programs sponsored by a consortium of U.S. institutions.

- Internship programs, which combine study with related work experience.

- Undergraduate programs organized by private, U.S.-based organizations

- Special academic-year programs for English-speaking undergraduate students at foreign universities. A number of these programs are affiliated with U.S. colleges and are listed in IIE's *Academic Year Abroad* and CIEE's *Work, Study, Travel Abroad: The Whole World Handbook*.

- U.S. colleges and universities established in foreign countries. These schools, which adhere to the organizational models, credit system, curricula, teaching methods, and degree programs of American institutions, fall into three categories.

  (a) Overseas campuses maintained by U.S. colleges.

  (b) U.S. colleges abroad that admit both U.S. students and foreign nationals. Some of these colleges are applying for or are in the process of being awarded U.S. accreditation. These

colleges may have correspondent status, recognized candidate status, or accreditation. Current information on accredited institutions can be found in the section on "Institutions Outside the United States" in Accredited Institutions of Postsecondary Education: Programs and Candidates (see Bibliography).

(c) Institutions in the Middle and Far East, founded by U.S. organizations and designed to provide U.S.-style education for the people of these countries. These are not U.S. schools but part of the higher education system of the host country. U.S. students may enroll in these institutions as foreign students, although some may have quotas for U.S. citizens.

Programs up to one year in length offered by foreign universities to U.S. undergraduates are described in IIE's *Academic Year Abroad* (see Bibliography). Undergraduates should be aware, however, that transfer of credit from a foreign university is not an automatic procedure, and in some cases may not be possible. Students must discuss plans to enroll in a foreign university program with their U.S. academic advisers.

Graduate Study Abroad

Several U.S. colleges and universities sponsor graduate programs abroad or admit graduate students to their overseas undergraduate programs. However, U.S. graduate students may also enroll independently at foreign universities, generally for short-term study or research for a period of one year. Information on foreign university programs up to one year in length which are open to U.S. graduate students is provided in IIE's *Academic Year Abroad*. Graduate students should be careful to discuss issues in relation to academic credit with U.S. university advisers before enrolling in a foreign university program.

For U.S. graduate students seeking admission to pursue degrees, many foreign universities prefer that they already hold degrees. Students planning graduate study abroad should remember that some foreign universities have established quotas for the numbers of students admitted from overseas.

Students should consult study-abroad advisers at their U.S. colleges or universities and write

directly to the foreign institutions under consideration about admission procedures. Reference sources for addresses of foreign institutions include the *Commonwealth Universities Yearbook* and *the World of Learning* (see Bibliography).

Admission to Foreign Universities

Since educational systems vary, no foreign degree is exactly equivalent to a U.S. degree. The length and nature of the study required to earn a foreign degree varies from country to country and sometimes within a country.

Admission requirements and procedures also vary from foreign institution to institution (as they do in the United States) and from country to country. It is advisable, therefore, to write directly to institutions for specific instructions. To ensure a response, correspondence should be accompanied by International Reply Coupons, which can be purchased at any U.S. Post Office.

Students planning to earn a degree should begin their investigation a minimum of one year in advance and conduct extensive research on the educational systems of the countries which interest them. The American Association of Collegiate Registrars and Admissions Officers (AACRAO) publishes the *World Education Series*, which profiles foreign educational systems. Although these publications are designed for the U.S. admissions officer evaluating foreign academic credentials, they can provide the prospective student with an overview of each country's educational system. Write AACRAO, One Dupont Circle, Washington, DC 20036, for a complete list of titles. Unesco's *Study Abroad* (see Bibliography) will also provide general information on foreign education systems.

Students who wish to experience a foreign university but do not wish to earn a degree may want to investigate study-abroad programs sponsored by U.S. colleges and universities on foreign university campuses (see *Academic Year Abroad* and *Work, Study, Travel Abroad: The Whole World Handbook*). Students may also wish to investigate nondegree programs organized by foreign universities themselves (see *Academic Year Abroad*).

Medical Study Abroad

Before U.S. students undertake medical study abroad, they should determine whether the

program in which they plan to enroll is acceptable to U.S. authorities. Graduates of medical schools outside the United States, Puerto Rico, and Canada must be certified by the Educational Commission for Foreign Medical Graduates (ECFMG) before they can be appointed to a U.S. residency program, which is required for licensing in virtually every licensing jurisdiction. Applicants for ECFMG certification must have attended a medical school listed in the *World Directory of Medical Schools* (see Bibliography).

For details concerning ECFMG certifications, students should write to the Educational Commission for Foreign Medical Graduates, 3624 Market Street, Philadelphia, Pennsylvania 19104. The ECFMG does not provide information on entering foreign medical schools.

For information on state loans to finance medical education abroad, students should consult their state department of education. Additional information on scholarship sources can be found in directories of scholarships and grants at local college/university or public libraries.

For a comprehensive listing of medical schools worldwide, consult the *World Directory of Medical Schools*. For specific catalogs and application information, write directly to the institutions abroad. Students may also wish to write for information to the nearest consulate of the foreign country in which they plan to study. Students should bear in mind that increasing numbers of foreign medical schools are closed to U.S. applicants because of overcrowding.

Teaching Abroad

Opportunities for teaching abroad vary. Some teachers participate in formal exchanges through which U.S. and foreign teachers switch positions and retain salary and benefits from their home schools. Others are employed directly by foreign governments to provide curriculum planning or to train the future teachers of their host country in what are known as teacher colleges. Another option is teaching in American or international schools overseas (often based on the U.S. models) for dependents of U.S. and other foreign nationals employed abroad.

Make detailed inquiries directly to the school, institution, organization, or government agency concerned at least eight to ten months prior to the

beginning of the academic year in the foreign country.

Minimum requirements for a teaching position abroad are a bachelor's degree, teaching certificate from a recognized U.S. college or university, and one year of teaching experience. The ability to speak the country's native language may not always be required, but preference is likely to be given to candidates who have such ability. A degree in Teaching English as a Foreign/Second Language (TEFL/TESL) and the ability to teach more than one subject may be helpful in obtaining a position.

IIE's *Teaching Abroad* (see Bibliography) describes formal exchanges and contains information on teaching opportunities provided by foreign schools, governments, and U.S. and foreign organizations.

Information is also available from the U.S. Teacher Exchange Branch, U.S. Information Agency, Washington, DC 20457; the U.S. Department of Defense, Office of Dependent Schools, 2461 Eisenhower Avenue, Alexandria, Virginia 22331; State Departments of Education, the International School Service (elementary and secondary), P.O. Box 5910, Princeton, New Jersey 08540; and the National Education Association, Office of International Relations, 1201 16th Street, NW, Washington, DC 20036.

FINANCES

The cost of living abroad depends on the country; metropolitan areas are generally most expensive. Tuition fees abroad are usually much lower than in the United States because most foreign universities are state supported. However, some countries have initiated separate overseas student fees, which are considerably higher than those charged to their own citizens. U.S. institutions try to keep the costs of their overseas programs comparable to a semester or academic year at home.

As students decide which programs meet their needs, they should have an accurate idea of how much the period of study abroad is going to cost and what their program package fees do not cover. Major expenses include overseas round-trip and local transportation, tuition, books, room and board, sickness and accident insurance. Additional expenses that must be allowed for are admission to cultural sites and events, gifts, optional travel (often an unex-

pectedly large item), bank charges for exchanging money, fluctuating exchange rates, inflation, and personal expenses.

Scholarships

At present most financial assistance available for study abroad is for graduate and postgraduate study. Except for assistance from U.S. institutions sponsoring programs abroad, minimal financial aid is available to U.S. undergraduates for study overseas. It is very important that students explore with their study-abroad advisers, financial aid officers, or bursars the possibility of using federal and state aid for foreign study.

Information on scholarships and grants for overseas study is available at IIE's Information Center at 809 United Nations Plaza in New York City. However, reference materials must be consulted in person at the Center. The Institute is unable to provide individualized assistance by mail or telephone.

Since 1981, the Council on International Educational Exchange has sponsored the International Student ID Card Scholarship Fund for U.S. high school and undergraduate students who plan a study or service project in any of the Third World countries of Asia, Africa, and Latin America. Write to CIEE's Campus Services Department, 205 E. 42nd Street, New York, New York 10017, for more information.

IIE's annual publication, *Fulbright and Other Grants for Graduate Study Abroad*, describes U.S. Information Agency-sponsored Fulbright awards and other grants for graduate study and research abroad. The competition for these awards is organized by IIE. U.S. students enrolled in a U.S. university should apply through their campus Fulbright Program adviser after May 1 and before October 15 for the succeeding academic year. In other words, students wishing to study abroad during the 1989-90 academic year should request applicant information after May 1 and before October 15, 1988. U.S. students not formally enrolled may request applicant information directly from IIE's U.S. Student Programs office.

Work Abroad

The practice of working one's way through college is not common abroad. Because of foreign labor laws, students should not plan to seek paid employment. Various work programs for students,

trainees, and volunteers, usually during the summer months, may offer room and board rather than a salary.

CIEE sponsors "Work Abroad" programs through which U.S. university students can arrange for temporary jobs in Australia, Costa Rica, France, Germany, Ireland, Jamaica, New Zealand and the United Kingdom; and a series of International Voluntary Service Projects (known in Europe as workcamps) in Western and Eastern Europe, Canada, and the United States. For information on any of these programs, students should write directly to CIEE's Work Abroad Department.

CIEE's *Work, Study, Travel Abroad: The Whole World Handbook* provides information on short- and long-term employment opportunities abroad, international workcamps, and volunteer and trainee programs; and CIEE's *Volunteer! The Comprehensive Guide to Voluntary Service in the U.S. and Abroad* lists voluntary service opportunities in the United States and abroad. Consult the Bibliography for information on these and other publications listing employment opportunities in other countries.

If U.S. nationals remain in a foreign country continuously for more than 18 months or become residents of a foreign country, they should understand U.S. tax laws concerning income earned abroad. *Tax Guide for U.S. Citizens Abroad* (Publication Number 54) and *Tax Information for American Scholars in the U.S. and Abroad* (Publication Number 520) contain the necessary information. Both are available free of charge from local Internal Revenue offices or from the Office of International Operations, Internal Revenue Service, Taxpayer Service Division, P.O. Box 19007, Washington, DC 20044.

Internships and Trainee Programs

A number of U.S. colleges include internships among their foreign study programs. Overseas internships are usually developed by students in consultation with faculty advisers and focus on a particular field of interest. Since the internships form part of the students' study-abroad programs, students can receive academic credit, which must be negotiated in advance.

Students interested in skilled, short-term employment may apply for a trainee or internship program abroad. Most trainee programs, primarily for students who have completed a minimum of two years of college, operate on a highly organized ex-

change basis. Traineeships vary in length from a few months to one year and usually include sufficient compensation to cover living expenses.

The International Association of Students in Economics and Business Management (AIESEC), 14 West 23rd Street, New York, New York 10010, arranges job exchanges in 56 countries for students in economics and business management. The AIESEC program is restricted to students at some 60 U.S. colleges and universities which are members of the organization.

The Association for International Practical Training (AIPT), 320 Park View Building, 10480 Little Patuxent Parkway, Columbia, Maryland 21044, the U.S. representative of the International Association for the Exchange of Students for Technical Experience (IAESTE), offers a similar network of trainee programs for students in the fields of engineering, architecture, mathematics, and the natural and physical sciences. Undergraduates with a minimum of two years of college and graduate students are eligible.

Internship programs within the United Nations' system and other international organizations are described in *The International Directory of Youth Internships* (see Bibliography). Internships available in international development organizations are listed in the *Overseas Development Network Opportunities Catalog* (see Bibliography).

Voluntary Service Projects

International service projects (known in some parts of the world as workcamps) offer special opportunities to young people from all over the world to live and work together with local people on projects that aid in community development. Projects may range from nature conservation to renovation of historical sites to work with children. Usually no special skills are required. Most projects take place during the summer for two- or three-week periods. There is no pay. Volunteers usually receive room and board. CIEE places students in projects in Canada, Czechoslovakia, Denmark, France, Germany, Hungary, Ireland, Netherlands, Poland, Portugal, Spain, Turkey, the United Kingdom and the United States. For more information, contact CIEE Volunteer Projects.

Volunteer! The Comprehensive Guide to Voluntary Service in the U.S. and Abroad, published by CIEE and the Commission on Voluntary Service and Action, lists over 170 agencies seeking skilled and unskilled volunteers for short- and long-term

service. This and other helpful publications, such as *International Directory of Volunteer Work*, are described in the Bibliography.

Information on international workcamps in 50 countries is available in the publication *Workcamps Programme*, which may be obtained free of charge from Unesco, 1 rue Miollis, Paris 75015, France (enclose four International Reply Coupons when ordering).

TRAVEL AND LIVING

Having selected a program abroad, students should then prepare for life in a foreign country. Become familiar with the country's language, history, culture, social and political conditions through books, periodicals, plays, films, and exhibitions. Make use of reference materials at the public library and the appropriate embassy, consulate, or tourist office. Since Americans abroad are inevitably questioned on U.S. government, history, economics, culture, and current events, it would be wise to review these topics before going abroad.

Housing Abroad

Student housing is difficult to find almost everywhere, and often there are very few choices. Dormitory space is so limited that many universities have strict quotas for the number of rooms allotted to foreign students. Generally, foreign students live in apartments, pensions, student hostels, or with families. Be sure to find out whether securing housing is the student's responsibility and check on the available alternatives.

The following is a list of agencies that arrange homestays for international students:

- AFS International/Intercultural Programs, 313 East 43rd Street, New York, NY 10017, (800) AFS-INFO.
  AFS provides summer and year-long intercultural and homestay experiences in over 70 countries. Most programs are open to adults age 19 and over.

- Amigos De Las Americas, 5618 Star Lane, Box YX, Houston, TX 77057; (800) 231-7796.
  This agency arranges voluntary service in Latin America combined with homestays for U.S. nationals. Applicants must be at least 16 years of age.

•Council of International Programs,
1030 Euclid Avenue, Suite 410, Cleveland, OH 44115; (216) 861-5478.
The Council arranges homestays and educational and cultural exchanges for U.S. and foreign human service professionals (teaching, counseling, allied medical and legal professions), for interested adults aged 20 to 45.

•The Experiment in International Living, Kipling Road, Brattleboro, VT 05301; (800) 451-4465.
The Experiment arranges homestay programs for all age groups (minimum age 14). Summer and academic year programs are available.

•International Christian Youth Exchange,
134 West 26th Street, New York, NY 10001;
(212) 206-7307.
The Exchange arranges academic homestays for U.S. and foreign secondary students (16 to 18 years of age) and voluntary service combined with homestays for those aged 18 to 24 (college credit available). This program is open to anyone regardless of religious affiliation.

•U.S. Servas Committee, 11 John Street, Room 706, New York, NY 10038; (212) 267-0252.
Open to members of Servas. Provides U.S. travelers with opportunities to visit foreign families.

Passports, Visas, and Vaccinations

Students should apply in person to a passport agent at the U.S. Department of State agencies in Boston, Chicago, Honolulu, Houston, Los Angeles, Miami, New Orleans, New York City, Philadelphia, San Francisco, Seattle, Stamford (Connecticut), or Washington, DC. Passports are also issued through selected post offices, or by clerks of any federal court or state court of records. Proof of U.S. citizenship (birth certificate, naturalization certificate, or previous U.S. passport), two recent photographs (2" x 2"), and current identification with a personal signature and photograph or physical description (such as a driver's license) are required.

For citizens 18 years or older, a passport valid for ten years costs $35 plus a required $7 execution fee. A five-year passport for citizens under age 18 is $20 plus a required $7 execution fee. You must appear in person if you are applying for the first time, are renewing a passport issued over eight years ago,

or were younger than 18 when your last passport was issued. Apply early: processing an application takes approximately four to six weeks — longer during the peak travel season.

A visa is written permission to visit a country granted by the government of that country. Visa requirements vary from country to country and are fully described in *Visa Requirements of Foreign Governments* (Publication M-264) available at any passport agency or by writing to Office of Passport Services, Room 386, 1425 K Street, NW, Washington, DC 20524.

Anyone planning to study in a country for an extended period of time may need to get a special student visa. Information relating to all visas may be obtained from the nearest embassy or consulate of the country concerned. Many visas require photographs.

Some countries require vaccination certificates for inoculation against yellow fever, cholera, or malaria. Check with your local public health department. If you bring prescription drugs with you, be sure that the bottles are clearly marked. Carry a copy of the prescription to avoid problems with Customs.

Medical Insurance

The importance of having adequate insurance when visiting another country cannot be overestimated. Before leaving the United States, students should be sure their medical and accident insurance policies are valid while traveling abroad. Holders of the International Student ID Card receive a basic plan of accident/sickness insurance to cover their travel outside the continental United States.

The Health Insurance Association of America, 1001 Pennsylvania Avenue, Washington, DC 20004, will respond to specific inquiries as to where to procure types of insurance coverage. They maintain a toll-free hotline: (800) 423-8000.

Arranging Transportation

Many U.S.-sponsored study-abroad programs include group transportation. In other cases, students are responsible for their own transportation to and from the program site. Foreign government tourist offices, consulates, and embassies provide a wide variety of free literature about travel to and in their particular country.

Recent deregulation in the airline industry has resulted in a proliferation of discounted airfares. Students looking for inexpensive flights should shop carefully; the cheapest flight is not necessarily the one that best suits a student's particular needs.

The Council Travel Services division of CIEE provides students and other budget travelers with the latest information on all forms of transportation. CIEE's offices in Amherst, Atlanta, Austin, Berkeley, Boston, Cambridge, Chicago, Dallas, Encino, Long Beach, Los Angeles, Minneapolis, New York, Portland, Providence, San Diego, San Francisco and Seattle can advise on transoceanic transportation, special student flights and discounts, student tours, accommodations, and rail passes. These services are available both to individuals and groups.

CIEE's *Student Travel Catalog* has information and application forms for a wide variety of student travel services. Eurail and Britrail passes offer unlimited train travel for periods of one week to three months; these passes offer considerable savings to those who will be traveling by rail while abroad. The International Student ID Card entitles student bearers to numerous discounts on transportation, accommodations, museum entrance fees, and more. The *Catalog* also includes information on car rentals, student tours, travel guides and maps, and a listing of student travel offices around the world. Revised annually, this free, comprehensive publication is available from CIEE or any Council Travel Services office.

STUDY ABROAD PROGRAMS

IIE Programs

The Institute of International Education administers the U.S. Information Agency-sponsored Fulbright Fellowships at the predoctoral level, the ITT International Fellowships program, and a number of foreign government grants. IIE is responsible for issuing and receiving applications and for providing appropriate information on these fellowship programs. However, aside from these sponsored awards, the Institute does not offer any scholarships, awards, or loans for study abroad. A description of the competitive fellowship programs administered by IIE for U.S. citizens to study abroad is available in the IIE publication *Fulbright and Other Grants for Graduate Study Abroad* published each May and available

free of charge upon written request from the U.S. Student Programs office at IIE.

IIE administers U.S. student applications for the following study-abroad programs:

- *British Universities Summer School* — a joint program conducted by the Universities of Birmingham (at Stratford-upon-Avon), London, and Oxford in literature, drama, and history.
- *British Archaeology* — a summer program of the Association for Cultural Exchange in Cambridge involving both classroom work and participation in archaeological digs.
- *Centro Linguistico Italiano Dante Alighieri* — courses in Italian language, literature, art, theater, film and other aspects of Italian civilization in Florence, Rome and Siena.
- *Scuola Leonardo da Vinci* — programs in Italian language, business and medical Italian, literature, art, music and other areas of Italian culture in Florence.
- *Vienna and Salzburg Summer Schools* — six-week programs in German language and Austrian culture.

For more information on these programs, write to the U.S. Student Programs Division, IIE.

CIEE Programs

The following are CIEE-administered academic study programs, sponsored by consortia of U.S. universities and colleges:

- *Cooperative Chinese Business and Society Program* at the University of International Business and Economics in Beijing, China (summer, fall and spring semesters).
- *China Cooperative Language and Study Programs* at Peking University (summer, fall and spring semesters, academic year), Nanjing University (fall and spring semesters), and Fudan University (summer).
- *Cooperative Japanese Business and Society Prgram* at Obirin College in Tokyo, Japan (summer, fall and spring semesters).
- *Cooperative Russian Language Program at Leningrad State University* (summer, fall and spring semesters, academic year).
- *Cooperative Southeast Asian Program* at Institut Kegurrian Dan Ilemu Pendidikan (IKIP) or Institute of Teacher Training and Education in Malang, Indonesia (fall and spring semesters).

- *Critical Studies Program in Paris, France* (fall and spring semesters, academic year).
- *Language and Area Studies Program* at the University of Alicante, Spain (fall and spring semesters).
- *Spanish Language and Caribbean Area Studies Program* at Universidad Catolica Madre y Maestra in Santiago, Dominican Republic (fall and spring semesters, academic year).
- *Undergraduate Program* at the University of Haute Bretagne in Brittany, France (fall and spring semesters, academic year).
- *Undergraduate Programs* at the University of Seville, Spain: *Liberal Arts Program* (fall and spring semesters, academic year), *Language and Society Program* (fall and spring semesters), and *Cooperative Business and Society Program* (fall and spring semesters).

All of these programs are open to any qualified individual and are not restricted to students enrolled at the sponsoring institutions. For further information on the programs listed above, write directly to CIEE Academic Programs. For information on nearly 1,000 additional overseas study programs sponsored by CIEE members, consult CIEE's *Work, Study, Travel Abroad: The Whole World Handbook* (see Bibliography).

BIBLIOGRAPHY

IIE Publications

The following publications are available directly from the Institute of International Education. **All orders must be prepaid.** Prices include book rate postage and handling. Add $4 for first class postage. Order from:

Publications Service
Institute of International Education
809 United Nations Plaza
New York, NY 10017

Academic Year Abroad Annual (Fall). $19.95.

Lists by country over 1,200 semester and academic-year study programs abroad for undergraduates and graduates sponsored by U.S. colleges and universities. New special section describes 300 foreign university programs open to U.S. nationals. Listings include field of study, eligibility requirements, credits, language of instruction, costs, housing, scholarship, application and deadline information.

Vacation Study Abroad. Annual (Fall). $19.95.

Describes by country over 1,000 summer and short-term study programs in countries around the world. Listings include programs for high school and college students, teachers, professionals, and older adults, with information on fields of study, eligibility, credits, language of instruction, costs, scholarships, and deadlines.

Study in the United Kingdom and Ireland. Annual (Winter). $14.95

Over 700 study abroad programs open to U.S. nationals in the United Kingdom and Ireland. The most comprehensive guide to the most popular destination for study abroad.

Teaching Abroad. *Spring* 1988. $21.95.
(1984 edition available at $11.95 until new edition published)

Describes formal exchanges and sources of information and employment for U.S. teachers and educational administrators considering a teaching experience outside the United States. Includes sources of additional information and an annotated bibliography.

Fulbright and Other Grants for Graduate Study Abroad. Annual (Spring). Free.

This booklet lists IIE-administered financial assistance programs available to U.S. graduate students for study abroad. Includes at-large application. Enrolled students should request from campus Fulbright Program adviser. Students not currently enrolled may request from the U.S. Student Programs Division, IIE.

Fulbright Collaborative Research. Annual. (Spring) Free.

Describes joint research scholarships available to U.S. citizens through this U.S. Information Agency program administered by IIE. Enrolled students should request from campus Fulbright Program adviser. Students not currently enrolled may request from the U.S. Student Programs Division, IIE.

CIEE Publications

The following publications are available from the Council on International Educational Exchange. Please include payment, plus $2.50 for first-class postage and handling. Order from:

Publications Department
Council on International Educational Exchange
205 East 42nd Street
New York, NY 10017

Work, Study, Travel Abroad: The Whole World Handbook. Marjorie A. Cohen. 1988. Biennial. $8.95.

This handy guide for U.S. students describes over 900 summer, semester, and year-long study-abroad programs sponsored by U.S. universities, organizations, and secondary schools, with advice on independent study, job opportunities, and inexpensive travel. Includes first-hand accounts of former student travelers, plus extensive bibliography for all overseas opportunities.

Student Travel Catalog. Annual. $1 postage and handling.

An indispensable guide to overseas opportunities, this 64-page booklet lists information on low-cost transportation around the world by air, rail, and sea; accommodations; student tours; guidebooks; International Student Identity Cards; and study and work opportunities.

It Pays To Go Abroad. Annual. Free.

CIEE's annual 32 page publication describing opportunities for U.S. students to work in the United Kingdom, Ireland, France, the Federal Republic of Germany, New Zealand, Costa Rica.

A Guide to Educational Programs in the Third World. 1987. Free.

Lists over 140 CIEE-member-sponsored study-abroad programs in Third World countries. Introduction by John G. Sommer, Dean of Academic Studies Abroad at the Experiment in International Living's School for International Training.

The Teenager's Guide to Study, Travel, and Adventure Abroad. Marjorie A. Cohen. 1987. Biennial. $8.95.

This guide lists over 200 opportunities for study and travel for the 12-18 year old with advice on evaluating a program, how to get academic credit, how to pack, and how to choose what's best for the student. Includes interviews with past participants and special appendix for parents and counselors.

Volunteer! The Comprehensive Guide to Voluntary Service in the U.S. and Abroad 1985-86. CIEE and CVSA. Marjorie A. Cohen, ed. 1984. $5.50.

Lists over 170 agencies seeking skilled and unskilled volunteers for short- and long-term service. Includes helpful indices to all opportunities and guidelines on selecting a program.

NAFSA Publications

The National Association for Foreign Student Affairs is a nonprofit organization that provides training, information, and other education services to professionals in the field of international educational exchange.

NAFSA has produced numerous publications written for the professional. Listed below is one of special interest to persons pursuing study abroad opportunities.

Bibliography on Study, Work, and Travel Abroad. 1987. $1.50 postage and handling.

An extensive bibliography about study abroad prepared by the Section on U.S. Students Abroad (SECUSSA) of NAFSA.

To order a complete listing of NAFSA publications, please contact:

Publications Order Desk
National Association for Foreign Student Affairs
1860 19th Street, NW
Washington, DC 20009

General Reference

Accredited Institutions of Postsecondary Education: Programs and Candidates 1986-87. American Council on Education for the Council on Postsecondary Accreditation. New York: MacMillan, 1987. Annual. $24.

An annual listing of accredited postsecondary institutions in the U.S. and abroad.

Available from: MacMillan Publishers, Front and Brown Sts., Riverside, NJ 08075.

China Bound: A Guide to Academic Life and Work in the PRC. K. Turner-Gottschang and L. Reed. Washington, DC: Committee on Scholarly Communication with the People's Republic of China, 1987. $14.95.

A comprehensive guide to living and working in the People's Republic of China for students and educators.

Available from: National Academy Press, 2101 Constitution Ave., NW, Washington, DC 20418.

Commonwealth Universities Yearbook. A. Christodoulou and T. Craig. London: Association of Commonwealth Universities, 1986. Annual. $185.

Information on teaching staff, courses, facilities, activities, and organization of more than 360 institutions located in the British Commonwealth.

Available from: Gale Research Company, Book Tower, Detroit, MI 48226.

Directory of Government Tourist Offices. John E. Sullivan, ed. Chicago, IL: Travel Insider, $2.

A guide to finding tourist information worldwide from American Samoa to Zimbabwe.

Available from: Travel Insider, P.O. Box 86323, O'Hare International Airport, Chicago, IL 60666.

Directory of Overseas Summer Jobs. Cincinnati, OH: Writer's Digest Books, 1988. Annual. $9.95.

Describes employment opportunities, plus information on work and visa regulations.

Available from: Writer's Digest Books, 9933 Alliance Road, Cincinnati, OH 45242.

Education in Britain. New York: British Information Services. 1985. Free.

Offers a thorough outline of the educational system of Britain.

Available from: British Information Services, 845 Third Ave., New York, NY 10022.

Emplois d'Ete en France. Paris: VAC-JOB, 1987. $10.95.

A do-it-yourself guide to summer jobs in France; in French.

Available from: CIEE, Publications Dept., 205 E. 42nd Street, New York, NY 10017.

Employment Abroard : Facts and Fallacies. Washington DC: 1986. $6.

Introduction to working overseas.

Available from: U.S. Chamber of Commerce, 1615 H St., NW, Washington, DC 20062.

Global Guide to International Education. New York: Facts on File. 1984. $95.

A comprehensive reference directory on all aspects of international education.

Available from: Facts on File, 460 Park Ave. South, New York, NY 10016.

Higher Education in the European Community: Student Handbook. Commission of the European Communities and Deutscher Akademischer Austauschdienst. Manfred Stassen, ed. Luxembourg: Office for Official Publications of the European Communities, 1985. L 8.

Discusses the educational system, admissions requirements, and language of each member state of the European Community.

Available from: European Community Information Service, 2100 M St., NW, Suite 707, Washington, DC 20037.

Higher Education in the United Kingdom, 1987-89. London :Association of Commonwealth Universities, 1987. Biennial. $27.50.

Information on degrees, courses, and student life in Great Britain.

Available from: Longman, Inc., 19 W. 44th St., New York, NY 10036.

International Directory of Volunteer Work. Oxford, England: Vacation-Work, 1985. L 7.95.

A guide to volunteer activities around the world.

Available from: Vacation-Work, 9 Park End St., Oxford, England.

International Directory of Youth Internships 1984-85. $6.75.

Lists about 400 internships within the United Nations' system and in other international organizations.

Available from: Learning Resources in International Studies, 777 United Nations Plaza, New York, NY 10017.

Learning Vacations. Gerson G. Eisenberg. Baltimore: Eisenberg Educational Enterprises, Inc., 1987. $9.95.

Lists vacation study options — seminars, music tours, art and folk festivals, archaeological digs, etc. — mostly U.S.-based, but some abroad.

Available from: Peterson's Guides, P.O. Box 2123, Princeton, NJ 08540.

Overseas Development Network Opportunities Catalog. Stanford, CA: Stanford University, 1985. $15.

Lists 55 international development organizations that utilize interns, researchers and regular employees in the United States and abroad. Aimed particularly at undergraduates and recent graduates seeking entry-level positions and/or voluntary work opportunities.

Available from: Stanford International Development Organization (SIDO), Attn: Catalog Orders, P.O. Box 2306, Stanford, CA 94305.

Schools Abroad of Interest to Americans 1985-86. Boston: Porter Sargent Publishers, 1984. $30.50.

Over 900 elementary and secondary schools in 125 countries are listed, including postsecondary programs, specialized opportunities, and summer sessions.

Available from: Porter Sargent Publishers, 11 Beacon St., Boston, MA 02108.

Study Abroad, 1987-88. Paris: The Unesco Press, 1986. $15.00.

Lists organizations around the world that offer scholarships and fellowships to all students for study and research.

Available from: Unipub, Inc., 1033F King Highway, Lanham, MD 20706.

Summer Jobs in Britain. Oxford, England: Vacation/Work. Annual. $9.95.

Guide to summer work opportunities in Great Britain.

Available from: CIEE, Publications Dept., 205 E. 42nd St., New York, NY 10017.

Survival Kit for Overseas Living. Yarmouth, ME: Intercultural Press. $6.95.

A guide to the opportunities and pitfalls of intercultural experience. Emphasizes the culture-bound nature of behavior and its interpretation.

Available from: Intercultural Press, P.O. Box 768, Yarmouth, ME 04096.

Transcultural Study Guide. Volunteers in Asia. $4.50.

For the traveler going nearly anywhere, this guide suggests thousands of questions that allow a newcomer to really burrow into a foreign culture and understand it.

Available from: CIEE, Publications Dept., 205 E. 42nd St., New York, NY 10017.

Transitions Abroad. Periodical. Six issues annually. $15 for one year; $28 for two years; single issues $3.50.

A student-oriented periodical containing information on travel, work, and other personal considerations for travel or study abroad.

Available from: Transitions, 18 Hulst Rd., P.O. Box 344, Amherst, MA 01004.

Travelers' Directory: The Magazine of Overseas Opportunities.. Amherst, MA: Transitions, 1987. Annual. $4.45.

An information resource on overseas work, study, and long-stay travel abroad for travelers of all ages.

Available from: Transitions Publishing, 18 Hulst Rd., P.O. Box 344, Amherst, MA 01004.

Work - Study - Travel Abroad. Washington, DC: U.S. Information Agency. Free.

Guidelines for students, educators and parents about organizations sponsoring work, study or travel abroad. Useful in evaluating study-abroad program literature.

Available from: U.S. Information Agency, Office of Public Liaison, 301 Fourth St., SW, Washington, DC 20547.

Work Your Way Around the World. Cincinnati, OH: Writer's Digest Books, 1987. $10.95.

Do-it-yourself guide to finding work in foreign countries.

Available from: Writer's Digest, 9933 Alliance Rd., Cincinnati, OH 45242.

World Directory of Medical Schools. Geneva: World Health Organization. 1979. $19.25.

Describes medical education and lists medical schools in 106 countries.

Available from: World Health Organization Publications Center USA, 49 Sheridan Avenue, Albany, New York 12210.

World List of Universities, Other Institutions of Higher Education and University Organizations. H.M.R. Keyes and D.J. Aitken, eds. London: MacMillan Press for the International Association of Universities, 1985. $70.

A concise guide to over 8,500 universities and other institutions of higher education in 154 countries.

Available from: Stockton Press, 15 East 26th St, New York, NY 10010.

World of Learning, 1987. London: Europa Publications Ltd., 1986. Annual. $190.

Describes more than 400 international educational, scientific, and cultural organizations, and over 24,000 colleges and universities in 157 countries and territories around the world.

Available from: Gale Research Co., Book Tower, Detroit, MI 48226.

Young American's Scholarship Guide to Travel and Learning Abroad. Joseph Lurie. New York: Intravco Press, 1987. $12.95.

Available from: Intravco Press, 211 East 43rd St., New York, NY 10017.

FINAL CHECKLIST

- ○ Read the study-abroad literature.
- ○ See a professional study-abroad counselor.
- ○ Choose a field of study.
- ○ Choose a country.
- ○ Choose a program.
- ○ Apply before deadlines.
- ○ Arrange to receive or transfer academic credits.
- ○ Get a passport and visas.
- ○ Make travel plans.
- ○ Arrange housing.
- ○ See a doctor and a dentist.
- ○ Arrange adequate insurance.
- ○ Make plans before leaving for the first term back in the United States.
- ○ Study the culture, history, and literature of the country.

FULBRIGHT GRANTS

On behalf of the U.S. Information Agency, IIE administers an annual competition for Fulbright Grants for graduate study and research abroad. The Institute also organizes the competition for a variety of other graduate study awards.

Enrolled students wishing to apply for these grants should make their applications through their campus Fulbright Program Adviser. Students not formally enrolled at a U.S. college or university may apply directly through the Institute.

For Fulbright applicant information, students may wish to request the following IIE publications:

REQUEST FORM:

Complete this request and mail to:

U.S. Student Programs
Institute of International Education
809 United Nations Plaza
New York, NY 10017
(212) 984-5330

Check box for information requested:

☐ **Fulbright and Other Grants for Graduate Study Abroad 1989-90.** Available May 1988. Single copy free.

Describes IIE-related fellowships available to U.S. graduate students for study abroad. Information on U.S. Information Agency Fulbright Grants. 96 page booklet.

☐ **Fulbright Collaborative Research 1989-90.** Available May 1988. Single copy free.

Describes joint research scholarships available to U.S. citizens through this U.S. Information Agency-sponsored program.

Name _____

Address _____

_____

City/State/Country _____

Zip _____ **Telephone** _____